

Sexual Behavioral System Subgoals Questionnaire (SBSS)

Please use the following scale to indicate your degree of agreement or disagreement with each of the numbered statements below:

Totally Disagree	1	2	3	4	5	6	7	8	9	Totally Agree
1. Many people feel intense sexual need or desire almost all the time.	1	2	3	4	5	6	7	8	9	
2. Having sex can bring me to a state of ecstasy.	1	2	3	4	5	6	7	8	9	
3. I feel bored while having sex.	1	2	3	4	5	6	7	8	9	
4. Sexual intercourse is great fun.	1	2	3	4	5	6	7	8	9	
5. I have sometimes initiated romantic relationships by having sex.	1	2	3	4	5	6	7	8	9	
6. Sex is a major source of pleasure in my life.	1	2	3	4	5	6	7	8	9	
7. Having sex helps me maintain a romantic relationship.	1	2	3	4	5	6	7	8	9	
8. Without adequate sex, a romantic relationship is likely to deteriorate.	1	2	3	4	5	6	7	8	9	
9. I feel indifferent or apathetic during sexual activity.	1	2	3	4	5	6	7	8	9	
10. Having sex often leaves me frustrated, both physically and emotionally.	1	2	3	4	5	6	7	8	9	
11. I've had no difficulty using sex to establish romantic relationships.	1	2	3	4	5	6	7	8	9	
12. I have gotten involved in relationships in order to have sex.	1	2	3	4	5	6	7	8	9	
13. Sexual intercourse maintains partners' interest in their relationship.	1	2	3	4	5	6	7	8	9	
14. Having sex helps me feel secure in a relationship.	1	2	3	4	5	6	7	8	9	
15. It's difficult for me to enjoy sexual intercourse.	1	2	3	4	5	6	7	8	9	
16. Having sex is way to begin romantic relationships.	1	2	3	4	5	6	7	8	9	
17. In my experience, sexual intercourse has been a good foundation on which to build a relationship.	1	2	3	4	5	6	7	8	9	
18. Sexual attraction is a necessity for maintaining a long-term relationship.	1	2	3	4	5	6	7	8	9	