

The following numbered statements describe volunteer activities that people might engage in. Please read each statement carefully and indicate about how often you have engaged in that activity *during the past year*. Please read each statement carefully and indicate on the following scale the extent to which you have been doing each activity: Never, Once a year, Several times a year, Once a month, A few times a month, Once a week, Several times a week, Almost every day.

*Never*   *Once a year*   *Several times a year*   *Once a month*   *A few times a month*   *Once a week*   *Several times a week*   *Almost every day*

1. Community services (e.g., roadside cleanups, beach cleaning, planting trees or flowers, etc.)	1	2	3	4	5	6	7	8
2. Volunteer civil service (e.g., firefighting, police work, Red Cross)	1	2	3	4	5	6	7	8
3. Working with the terminally ill (e.g., hospice, hospital visits)	1	2	3	4	5	6	7	8
4. Helping disabled people	1	2	3	4	5	6	7	8
5. Volunteering at a general hospital	1	2	3	4	5	6	7	8
6. Volunteering at a counseling center, counseling "hotline," or psychiatric treatment facility	1	2	3	4	5	6	7	8
7. Helping people who are less fortunate than yourself (e.g., at soup kitchens, battered women's shelters, Salvation Army centers)	1	2	3	4	5	6	7	8
8. Volunteering in religious activities (e.g., religious	1	2	3	4	5	6	7	8

<i>youth groups, being a "Sunday School" teacher)</i>								
9. <i>Nonreligious youth groups (e.g., Boy Scouts, Girl Scouts)</i>	1	2	3	4	5	6	7	8
10. <i>Working with animals (e.g., Humane Society)</i>	1	2	3	4	5	6	7	8
11. <i>Conventional political activities (e.g., campaigning, stuffing envelopes, answering phones)</i>	1	2	3	4	5	6	7	8
12. <i>Political activism (e.g., attending demonstrations, hanging signs for demonstrations)</i>	1	2	3	4	5	6	7	8
13. <i>Volunteering through sororities or fraternities</i>	1	2	3	4	5	6	7	8
14. <i>Being active in student organizations or associations</i>	1	2	3	4	5	6	7	8
15. <i>Tutoring (university/college/high school/elementary students)</i>	1	2	3	4	5	6	7	8
16. <i>Working with special-needs children (e.g., disabled, retarded, autistic, blind, orphans, new immigrants)</i>	1	2	3	4	5	6	7	8
17. <i>Coaching, refereeing sports</i>	1	2	3	4	5	6	7	8
18. <i>Mentoring programs (e.g., Big Brother, boys or girls clubs)</i>	1	2	3	4	5	6	7	8

19. <i>Pro bono (volunteer) law, accounting, medical, or other professional work</i>	1	2	3	4	5	6	7	8
20. <i>Participating in a research project without credit/being an unpaid research assistant</i>	1	2	3	4	5	6	7	8
21. <i>Unpaid internships</i>	1	2	3	4	5	6	7	8
22. <i>Participating in support groups to help others</i>	1	2	3	4	5	6	7	8
23. <i>Helping elderly people (e.g., Meals on Wheels, nursing homes, household help)</i>	1	2	3	4	5	6	7	8
24. <i>Helping with road safety (e.g., serving as a volunteer crossing guard)</i>	1	2	3	4	5	6	7	8
25. <i>Volunteering as a provider of information and referral services (e.g., in a museum, at a library)</i>	1	2	3	4	5	6	7	8
26. <i>Helping members of the armed services (e.g., writing letters, sending food or "care packages")</i>	1	2	3	4	5	6	7	8

## Questions

1. For each period of your life, please answer the following question:

Compared to other people your age and in your community, how involved were you in volunteer activities:

- Much more than most of my peers,
- Somewhat more than most of my peers,
- About the same as most of my peers,
- Somewhat less than most of my peers,
- Much less than most of my peers

- During the first 15 years of your life: \_\_\_\_\_
- When you were/are 15-20: \_\_\_\_\_
- Beyond age 20, if you are older than 20: \_\_\_\_\_

2. How many years.....XXXXXXXXXXXXXXXXXX

3. Overall how satisfied are you with your current level of volunteer activity? From **not at all** – 1, to **very much** –6: \_\_\_\_\_

4. How good does your current level of volunteering make you feel?

Very Unsatisfied, Unsatisfied, Neutral, Satisfied, Very Satisfied

5. Would you like to enlarge the amount of time you spend volunteering?

Definitely not, Probably not, Probably yes, Definitely yes

6. Age: \_\_\_\_\_

7. Sex: 1. Male 2. Female

8. Faculty/major/department: \_\_\_\_\_

9. Marital/relationship status: \_\_\_\_\_(married, single, etc)

10. Occupation: \_\_\_\_\_

11. Mother's education: \_\_\_\_\_

12. Father's education: \_\_\_\_\_

Thank you for your time and cooperation